Northwestern Wisconsin Breastfeeding Network

BREASTFEEDING SUPPORT RESOURCE GUIDE

LOCAL WIC CLINICS

Breastfeeding support and supplies available based on WIC location and qualification.

https://wicmomstrong.com

Barron County WIC:
715-537-5691

Chippewa County WIC:
715-726-7903

Dunn County WIC:
715-232-2498

Eau Claire County WIC:
715-839-5051

PEER SUPPORT

La Leche League of EC
Multiple leaders offer one-to-one support, plus Daytime, Evening, Online meeting options:
www.facebook.com/llleauclaire
Local contact: Christine
715-514-8283

HOSPITAL-BASED SUPPORT GROUPS

Breastfeeding Support Group
HSHS Sacred Heart Hospital, EC
Thursdays 1-3 p.m.
https://www.sacredhearteauclaire.org/Medical-Services/Women-and-Infants-Center/BreastfeedingSupport

Nursing Moms Network
Mayo Clinic Health System, EC
Wednesdays 9-10:30 a.m.
https://www.mayoclinichealthsystem.org/classes-and-events/nursing-moms-network

ONLINE RESOURCES

Websites:

coffective.com
kellymom.com
llli.org
lowmilksupply.org
wicbreastfeeding.fns.usda.gov
womenshealth.gov/breastfeeding
zipmilk.org

Apps:

Baby Feeding Log
Coffective
LactMed
Moms Pump Here

LOCAL HOSPITALS & CLINICS

HSHS
St. Joseph's Birth Center of Chippewa Falls:
715-717-7421
Sacred Heart Women & Infant Services of Eau Claire:
715-717-4156

Marshfield Clinic Health System
Eau Claire: 715-858-4646
Chippewa: 715-726-2131
Rice Lake: 715-236-6176

Mayo Clinic Health System
EC Pediatrics: 715-838-5437
EC OBGYN: 715-838-6100
Chippewa: 715-720-4400
Menomonie: 715-233-7237
Barron: 715-537-2230

Oakleaf Clinic
Chippewa: 715-839-9280

Prevea Health
Various locations:
715-717-3870

Willow Creek Women's Clinic
Eau Claire: 715-832-9292

PRIVATE PRACTICE

In-home visits, online consults and classes, infant weight checks, and more.

Kate Carothers, BSN, RN, IBCLC
715-828-4115
www.katecarothers.com

Jennifer Hafele, IBCLC
715-204-4060
www.MamaBearLactationCare.com

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NORTHWESTERN WISCONSIN BREASTFEEDING NETWORK

Dedicated to promoting and supporting breastfeeding in Northwestern Wisconsin.

nwbn.echealthdepartment.org

CO-CHAIRS

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