

# CHECK IN CHIPPEWA COUNTY

You are not alone. We are in this together.

As we all adapt to the temporary changes in the way we work, live, and spend time together, it's natural to feel stress, worry, and even anger. Finding healthy ways to cope and stay connected is more important than ever. Chippewa County is a caring community, and we want to help everyone feel supported.

## Want a check in call?

Feeling lonely? Looking to talk with someone about how your day is going? Check In Chippewa County is offering support for community members looking for ways to connect with others. A friendly voice will connect with you daily to check in.

## Want to volunteer?

Love socializing with others? Looking for a way to give back to your local community? We are seeking volunteers to offer a caring ear and have friendly conversations with community members.

We ask volunteers to commit to one check in call per day and have access to a phone.

**For more information on volunteering or receiving a check in call, contact:**

**Pauline**  
**715-726-7816**  
**[pspiegel@co.chippewa.wi.us](mailto:pspiegel@co.chippewa.wi.us)**

**Important:** This is not a mental health crisis line. If you or someone you know is in crisis, please call Northwest Connection's 24/7 crisis line at 888-552-6642.



CHIPPEWA COUNTY  
**Public Health**  
Prevent. Promote. Protect.