

Resources During COVID 19

FREE Physical Activity/Learning Activities

River Source Family Center has a Facebook page and also a private Facebook group you can join that provides additional support and activities for families.

<https://www.facebook.com/RiverSourceFamilyCenterChippewaCounty/>

<https://www.shapeamerica.org/covid19-resources.aspx> - SHAPE America has activities for K-12 kids.

<https://vimeo.com/showcase/6880106> - Beachbody Kids Workouts on Vimeo

<https://www.gonoodle.com/> - GoNoodle has mindfulness and movement videos

<https://www.facebook.com/MyCFPL/>: The Chippewa Falls Public Library has posted many free resources for families. They also have a lot of electronic resources like books, magazines for families on their website: <https://chippewafallslibrary.org/>

<https://talkingisteaching.org/> - Talking is Teaching has great activities and resources for families with babies and toddlers. They are also on Facebook <https://www.facebook.com/cvtalkingisteaching/>.

<https://classroommagazines.scholastic.com/support/learnathome.html> - Scholastic Learn at Home

<https://www.prekinders.com/brain-breaks-music-movement-songs-kids/> - Brain Breaks Music and Movement Songs for Kids - PreKinders

<https://jbrary.com/storytime-online/> - Storytime Online Resources - Jbrary