

Family Fun

Recipes

PLAYDOUGH:

- 1 cup flour
- 1 cup water
- ½ cup salt
- 1 tablespoon oil
- 1 teaspoons cream of tarter
- food coloring

Mix all ingredients together and cook over medium heat. Continue cooking until mixture forms a ball. Add food coloring and knead until smooth.



Social Games

PAT-A-CAKE

Pat-a-cake, pat-a-cake, bakers man.
Bake me a cake as fast as you can.

(Put hands together.)

Roll it and pat it and mark it with a "B".

(Roll arms around each other.)

Put it in the oven for baby and me.

(Put hands together.)



PEEK-A-BOO!

SO BIG!!

THIS LITTLE PIGGY

This little piggy went to market.
This little piggy stayed home.
This little piggy had roast beef.
This little piggy had none.
And this little piggy cried, "Wee, wee, wee!"
all the way home.

(Wiggle one toe for each line of poem, starting with the big toe. After wiggling the last toe "run" your fingers from baby's foot to chin.)

Helpful Websites

- ✚ Center on the Social and Emotional Foundations of Early Learners (CSEFEL)
<http://csefel.vanderbilt.edu>
- ✚ Zero to Three
<http://www.zerotothree.org>
- ✚ U-W Extension Parenting Newsletter
<http://parenting.uwex.edu>
- ✚ PBS Parents
<http://pbs.org/parents>
- ✚ Pathways
<http://pathways.org>
- ✚ Reach out and Read (Twitter – NOT website)
#LETSTALKCHIPPEWAVALLEY



Songs & Fingerplays

THE WHEELS ON THE BUS

The wheels on the bus go round and round,
round and round, round and round.

The wheels on the bus go round and round,
all through the town.

(roll arms around each other)

*people up and down
(bounce up and down)

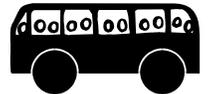
*horn beep, beep, beep
('honk' horn with hand)

*door open and shut
(spread arms wide, then clap hands)

*wipers swish, swish, swish
(wave arms side to side)

*babies wah, wah, wah *(rub eyes)*

*mamas (or daddies) . . . sh! sh! sh!
(finger to lips)



TWINKLE, TWINKLE LITTLE

STAR

Twinkle, twinkle little star.
How I wonder what you are.
Up above the world so high.
Like a diamond in the sky.
Twinkle, twinkle little star.



Songs & Fingerplays

How I wonder what you are.

and rock back and forth throughout song.)

THREE LITTLE MONKEYS

Three little monkeys jumping on the bed.

(jump index and middle finger on opposite palm)

One fell off and bumped his head.

(take fingers off your palm and reach for your head)

Mama called the doctor and the doctor said,
(bring hand to mouth and ear, like you're talking on the phone)

"No more monkeys jumping on the bed."

(shake your finger like your scolding)

*Two little monkeys

*One little monkey



OLD MACDONALD HAD A FARM

Old MacDonald had a farm, E-I-E-I-O.

And on his farm he had some chicks, E-I-E-I-O.

With a chick, chick here and a chick, chick there.

Here a chick, there a chick, everywhere a chick, chick.

Old MacDonald had a farm, E-I-E-I-O.

*Additional animals and sounds:

❖ duck - quack

❖ cow - moo

❖ dog - woof

❖ pig - oink

❖ cat - meow



PUT YOUR FINGER ON YOUR SHIRT

(tune to: If You're Happy and You Know it)

Put your finger on your shirt, on your shirt.

Put your finger on your shirt, on your shirt.

Put your finger on your shirt.

Put your finger on your shirt.

Put your finger on your shirt,

on your shirt.

(You can use any article of clothing or body part with this song, i.e. nose, hair, arms, sock, pants, shoes, etc.)



ROW YOUR BOAT

Row, row, row your boat,
gently down the stream.

Merrily, merrily, merrily,
merrily, life is but a dream.

(Sit facing your child, hold hands,



THE EENTSY WEENTSY SPIDER

The eentsy, weentsy spider went up the water spout.

(Climb hands upward, alternating thumb and index finger)

Down came the rain and washed the spider out.

(Slowly bring hands down, wiggling fingers.)

Out came the sun and dried up all the rain.

(Bring arms out to sides, bring them together up over head.)

And the eentsy, weentsy

spider went up the spout again.

(Climb hands upward, alternating thumb and index finger)



RING AROUND THE ROSY

Ring around the rosy.

(Join hands and walk around in a circle.)

Pocket full of posies.

Ashes, ashes, we all fall down.

(Sit down on the ground.)



WHERE IS THUMBKIN

Where is Thumbkin? Where is Thumbkin?

(Hide both fists behind your back.)

Here I am. Here I am.

(Bring one fist out, showing your thumb, bring second thumb out.)

How are you today sir? Very well I thank you.

(Pretend thumbs are talking to each other.)

Run away. Run away.

(Return fists behind your back.)

*Follow the same actions using the pointer, ringman, tallman, pinky, and the whole family (all of the fingers).



IF YOU'RE HAPPY AND YOU KNOW IT

If you're happy and you know it, clap your hands (clap, clap).

If you're happy and you know it, clap your hands (clap, clap).

If you're happy and you know it, then you're face will surely show it.

If you're happy and you know it, clap your hands (clap, clap).

*Other verses:

- ◆ Stomp your feet
- ◆ Shout hurray

